



Social Security Scotland  
Tèarainteachd Shòisealta Alba

# Find help to balance your budget

If you're on tax credits or certain benefits, you could be entitled to five family payments.



[mygov.scot](https://mygov.scot)

 0800 182 2222

## **Scottish Child Payment**

A payment of £40 every 4 weeks for each eligible child under the age of 6.

## **Best Start Grant Pregnancy and Baby Payment**

A £606 payment for a first child and £303 for other children. Plus an extra £303 if you have a multiple birth. You can apply from 24 weeks of pregnancy until your baby is 6 months old.

## **Best Start Grant Early Learning Payment**

A £252.50 payment when a child is between the ages of 2 and 3.5 years. You can still apply if your child is not taking up a place at nursery.

## **Best Start Grant School Age Payment**

A £252.50 payment to help eligible families with the costs of starting school. Visit [mygov.scot/beststart](https://mygov.scot/beststart) for application dates and guidance on when to apply even if you are deferring.

## **Best Start Foods**

Money every 4 weeks on a pre-paid card from pregnancy until your child is 3 years old.

**Check if you are eligible and apply now at [mygov.scot/benefits](https://mygov.scot/benefits) or by calling 0800 182 2222.**



HAPPY TO TRANSLATE

This information can be provided in alternative languages or formats by calling 0800 182 2222.